

Why You Should Be Taking an Enzyme Supplement

为什么要服用酶补充剂

What are enzymes? They are essential proteins that play a vital role in many bodily functions, including digestion. They help break down food into smaller, easily absorbed nutrients, which can then be used by the body to fuel growth and repair. Vast amounts of enzymes are also required for the metabolic processes in the body.

There are many different types of enzymes, each with its own specific function. For example, proteases help break down proteins, lipases break down fats and amylases break down carbohydrates.

Although we are all born with a ready supply of enzymes, as we age or suffer from certain health conditions, our bodies may not produce enough enzymes to support proper digestion. Daily consumption of cooked food also depletes the enzyme reserve in the body rapidly. This can lead to discomfort, bloating, and even malnutrition. In these cases, enzyme supplements would be an important addition to our diets.

Supplementing with enzymes can help improve digestion and absorption of nutrients, leading to better overall health. Additionally, enzymes can help reduce inflammation, boost immunity and improve energy levels.

Enzyme supplementation is especially important for those who have digestive problems, irritable bowel syndrome, skin allergies, inflammatory conditions, viral infections, and all chronic and degenerative conditions like metabolic syndrome, rheumatic disorders, soft tissue trauma, arthritis, multiple sclerosis, cancer, autoimmune diseases, etc.

酶是什么?它们是必需的蛋白质,在许多身体功能中起着至关重要的作用,包括消化。它们帮助将食物分解成更小、更容易吸收的营养,然后可以被身体用来促进生长和修复。体内的代谢过程也需要大量的酶。

酶有许多不同类型,每一种都有自己特定的功能。例如,蛋白酶有助于分解蛋白质,脂肪酶有助于分解脂肪,淀粉酶有助于分解碳水化合物。

虽然我们生来就有充足的酶,但随着年龄的增长或受到某些健康状况的影响,我们的身体可能无法产生足够的酶来支持适当的消化。每天食用熟食也会迅速消耗体内的酶储备。这会导致身体不适,腹胀,甚至营养不良。在这种情况下,在我们的饮食中加入酶补充剂是很重要的。

补充酶有助于改善营养物质的消化和吸收,从而改善整体健康状况。此外,酶可以帮助减少炎症,增强免疫力,提高能量水平。

酶补充对于那些有消化问题,肠易激综合征,皮肤过敏,炎症,病毒感染,以及所有慢性和退行性疾病,如代谢综合征、风湿病、软组织创伤、关节炎、多发性硬化症、癌症、自身免疫性疾病等,尤其重要。

N.Zimes™ PA Plus is a proprietary formula that provides a broad spectrum of enzymes including those that are produced by the pancreas, plus other varieties. Thus, its name which means “Pancreatin Alternative plus other enzymes”. It effectively replaces missing or lacking digestive enzymes that the body needs for digestion and other functions.

N.Zimes™ PA Plus is 100% plant-based and is active in both the acidic environment of the stomach and the alkaline environment of the small intestines.

胰酶（植物）添加素是一种专利配方，提供多种酶，包括那些由胰腺产生的酶，以及其他种类的酶。因此，它的名字的意思是“胰素替代加其他酶”。它可以有效地替代身体消化和其他功能所需的消化酶。

胰酶（植物）添加素是100%植物基，在胃的酸性环境和小肠的碱性环境中都有活性。



Helps to directly improve digestion while supporting the health of the body

直接有助于改善消化同时支持身体的健康



Active in both the acidic environment of the stomach and the alkaline environment of the small intestines

在胃的酸性环境和小肠的碱性环境中都有活性



100% plant-based
100%植物性



Contains a complete spectrum of enzymes necessary for digesting food

含有消化食物所必需的一系列酶



Testimonials | 见证分享

I used to have indigestion, bloated stomach and heartburn after meals. My condition worsened whenever I consumed fried and greasy food. Fortunately, since taking **N.Zimes™ PA Plus** before every meal, I can feel the improvement with my digestive health. Now, gassy stomach, burping and flatulence after meals are things of the past. The **N.Zimes™ PA Plus** from NewLife™ aids in proper digestion of food. It breaks down food and unlocks the nutrients in it, allowing full absorption of nutrients by the body. I can also feel a positive surge in my energy level. This has enabled me to stay alert and fresh throughout the day.

我过去常常有消化不良、胃胀和饭后胃灼热的症状。每当我吃油炸和油腻的食物时，情况就会更加严重。幸好，自从每餐前服用胰酶（植物）添加素后，我能感觉到我的消化系统健康状况有所改善。现在胃胀气、饭后打嗝和胀气已经成为过去。新生命的胰酶（植物）添加素帮助消化食物，分解食物，释放其中的营养，让营养被身体充分吸收。我也能感觉更有活力，一整天都精神抖擞。这使我一整天都保持清醒和精神饱满。

Miss Ann, Kuala Lumpur | 安小姐，吉隆坡

We find **N.Zimes™ PA Plus** to be such a fantastic product. Our 15-year-old had skin problem (similar to eczema) on his leg behind the right knee. He often had flare-ups, especially during the night. The itch was so unbearable that he would scratch until the affected part bled. He had been on a healthy diet and we could not identify the food to which he was allergic. So we started to give him **N.Zimes™ PA Plus** after meals. His skin problem is totally gone! Our 15-year old says that **N.Zimes™ PA Plus** is his “life saver”. In fact, all our family members love this product.

胰酶（植物）添加素是一个非常棒的产品。我们15岁的儿子右膝盖后面有皮肤问题（类似湿疹）。皮肤问题经常发作，尤其是在夜间。每次痒得难以忍受，他就会抓到流血。他的饮食一直很健康，我们不能确定他对什么食物过敏。所以我们开始让他饭后吃胰酶（植物）添加素。结果，他的皮肤问题完全消失了！我们的儿子非常感谢这个产品，他说胰酶（植物）添加素是他的“救命恩人”。事实上，我们所有的家庭成员都喜欢这个产品。

HC Ling, Sabah | 林女士，沙巴