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A Journey to the Third Dimension 迈向立体之旅

3D technologies are
shaping the future -
Virtually anything is possible!
3D技术正塑造未来 -
几乎一切皆有可能!

Pg12 第十二页

Size Does Matter!

NL Auto Pure
Water Distiller
Pg02 第二页

肝脏与您

LIVER & YOU

how to detoxify
your liver

Pg04 第四页



水被蒸发
evaporation takes place

SIZE

冷凝风扇让之冷却
cooling fan for condensation

water enters the distiller

自来水流进蒸馏水机

DOES

复制大自然的技术获取纯正干净的水
pure clean water copied from the technology of nature

MATTER

尺寸确实很重要

Fully automated pure water distiller now at a smaller size with the same capabilities to provide and satisfy your household's daily requirements. No longer as bulky, giving you the extra space on your kitchen counter top. You can now enjoy continuous supply of pure clean water; no manual refilling and best of all, more space! Size does matter!

全自动的纯正蒸馏水机现在以较小的尺寸并拥有相同操作功能的面貌示人，为提供及满足您家庭的日常所需而设。不再像之前般笨重，让您的厨房台面拥有额外空间。现在，您可以继续享用纯正干净的清水供应；无需人力操作，最重要的是，更多的空间！尺寸确实很重要

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LIVER & YOU

肝脏与您

by Leon Tan, Nutritionist
陈健良, 营养师



肝脏是您身体消化系统重要的一员，您吸收到的所有东西、包括药物都会经过您的肝脏！

肝脏是人体的第二大器官（排第一的是皮肤），它能过滤血液中的酒精和药物等化学品、管理荷尔蒙及血糖指数、从吸收的营养中储存能量、制造血液蛋白、胆汁和几种身体所需的酶。

其实只要保生活得健康，基本上让肝脏保持在良好状态是绝对没任何问题的。

要好好照顾肝脏，就必须知道如何预防坏的东西入侵、如何排毒以及吸收什么东西可以滋补肝脏。

照顾您的肝脏

以下有一些例证教导您如何避免破坏肝脏：

避免酒精。酒精会损害肝细胞、导致疤痕或肿胀等现象，久而久之会造成致命的肝硬化。

培养健康的饮食习惯及常运动。一种情况称为非酒精性脂肪性肝病（NAFLD）也可引起肝硬化，它源于肥胖、糖尿病或血液拥有高水平的脂肪，减轻体重能预防该病症的发生，如果你是肥胖一族应经常运动并摄取均衡的饮食。

远离会伤害肝脏的药物（或任何有关系到药物的）。胆固醇药物和止痛的对乙酰氨基酚如服食过量会令肝脏中毒。您是不会察觉到过量服食乙酰氨基酚的，因为它能在数百种感冒药和止痛处方中找到。一些特定的药物组合也会危害肝脏，所以可以喝酒时服用药物。咨询您的医生或药剂师，什么药物是不该和其他药物或任何酒精混合，而且服用药物需要遵循建议的剂量。

小心肝炎及肝炎是如何传播？肝炎是一种病毒引起肝脏发炎的症状，有几种不同的类型。A型肝炎是经由被污染的水或食物、粪便中的细菌传播。它会自行痊愈。B型肝炎和C型肝炎是经由血液和体液传输而传播。如果不及早治疗，它会导致肝硬化、肝癌和肝衰竭。记住，要经常洗手和远离肮脏的地方，这可以预防B和C型肝炎的发生，还有千万不要共享剃刀、牙刷、针头等，还有性伴侣，如果您有多于一个性伴侣，请记得使用乳胶浓度避孕套。

Your liver is a vital player in your body's digestive system. Everything you consume, including medicine, goes through your liver.

The liver is the second largest organ in your body (the skin is the largest). It filters chemicals like alcohol and drugs from the blood; manages your hormones and blood sugar levels; stores energy from the nutrients you take in; and makes blood proteins, bile, and several enzymes that the body requires.

There's absolutely nothing challenging about keeping your liver in great shape. It's all about a healthy way of life.

Caring for your liver is all about avoiding what's bad and knowing how to detoxify your liver as well as consuming things that are specifically nourishing to the liver.

Care for Your Liver

Here are the proven means to avoid wrecking your liver:

Avoid alcohol. Alcohol can damage liver cells, causing the scarring or swelling that becomes cirrhosis, which can be deadly.

Consume a healthy diet and get routine exercise. A condition called nonalcoholic fatty liver disease (NAFLD) likewise can cause cirrhosis. It originates from being obese, having diabetic issues, or having high levels of fat in your blood. It can be prevented with weight loss if you're obese, getting regular exercise, and consuming a well balanced diet.

Keep away from medications (or combinations of medications) that damage the liver. Cholesterol medicines and the pain reliever acetaminophen (paracetamol) can be poisonous to the liver if too much is taken over time or at once. You may be taking more paracetamol than you realize; it's found in hundreds of medicines like cold medication and prescription pain medications. Specific combinations of medicines can be hazardous to the liver; so can taking some medications while consuming alcohol. Talk to your physician or pharmacist about exactly what medications should not be integrated with each other or alcohol, and always follow dosage recommendations.

Be aware of hepatitis and how it is transmitted. Hepatitis is a virus that causes the liver to become inflamed. There are a number of different types. Hepatitis A is transmitted by water or food that has been contaminated with bacteria found in feces. It generally gets better on its own.

Hepatitis B and C are transmitted with blood and body fluids. If untreated, they can result in cirrhosis, liver cancer, and liver failure. Hand washing and staying clear of locations that do not appear clean can prevent hepatitis A. To prevent hepatitis B and C, don't share items like razors, tooth brushes, or needles, restrict the number of sex partners you have, and always use latex condoms if you have more than one partner.

Symptoms of Liver Damage

Abnormal Metabolism of Fats

• Abnormalities in the level of fats in the blood stream. For example; raised LDL cholesterol and triglycerides, and decreased HDL cholesterol
• Arteries obstructed with fat, resulting in hypertension, cardiac arrest and strokes
• Build up of fat in other body organs (fatty degeneration of organs)
• Lumps of fat in the skin (lipomas and other fatty growths)
• Excessive weight gain, which may lead to obesity
• Failure to slim down even while dieting
• Slow metabolic process
• Protuberant abdomen (pot belly)
• Cellulite
• Fatty liver
• Roll of fat around the upper abdominal areas – (liver roll)

Digestive Problems

• Indigestion
• Reflux
• Haemorrhoids
• Gallstones and gallbladder disease
• Intolerance to fatty foods
• Intolerance to alcohol
• Nausea and vomiting attacks
• Abdominal bloating
• Constipation
• Irritable bowel syndrome
• Pain over the liver – (upper right corner of abdominal area & lower right rib cage)

Blood Sugar Level Problems

• Cravings for sugar
• Hypoglycaemia and unsteady blood sugar levels
• Mature onset diabetes (Type 2) is common in those with a fatty liver

Nervous System

• Depression
• Mood changes such as anger and irritability
• Metaphysically the liver is known as the "seat of anger"
• Poor concentration and "foggy brain"
• Overheating of the body, specifically the face and upper body
• Persistent headaches (including migraine) related to nausea

Hormonal Problem

• Intolerance to hormone replacement therapy or the contraceptive pill (eg. side effects)
• Menopausal signs such as hot flushes could be more serious
• Premenstrual syndrome might be more extreme

Immune Disorder

• Allergies – sinus problems, hay fever, asthma, dermatitis, hives, etc
• Multiple food and chemical sensitivities
• Skin rashes and inflammations
• Increased risk of autoimmune diseases
• Chronic Fatigue Syndrome
• Fibromyalgia
• Increase in persistent viral, parasitic and bacterial infections

External Indications

• Coated tongue
• Bad breath
• Skin rashes
• Itchy skin (pruritus)
• Excessive sweating
• Offensive body odour
• Dark circles under the eyes
• Yellow discolouration of the eyes
• Red, inflamed, itchy eyes (allergic eyes)
• Acne rosacea – (red pimples around the nose, cheeks and chin)
• Brownish spots and blemishes on the skin (liver spots)
• Red palms and soles which might likewise be itchy and inflamed
• Flushed facial appearance or excessive facial blood vessels (capillaries / veins)

NOTE:

All of the above are common symptoms of an inefficient liver. Nevertheless, they can likewise be due to other causes, of a more scary nature, so, in all cases of persistent signs it is important to see your physician.

The accumulation of toxins and nutritional deficiencies has a very damaging effect to the liver as well as the health of the whole body, thus the need to detoxify. Datin Dr. Lynn Tan's Detoxification & Rejuvenation Programme, Coffee Enema and the following herbs all play a vital role in the natural internal cleansing and rebuilding of the body.

肝脏损害的症状

脂肪代谢异常

• 血液流量中异常的脂肪水平，例如低密度脂蛋白胆固醇和甘油三酯升高，HDL胆固醇降低
• 脂肪动脉阻塞，导致高血压，心脏骤停和中风
• 身体其他器官建立脂肪（器官的脂肪变性）
• 皮肤上出现脂肪肿块（脂肪瘤等脂肪生长）
• 体重增加，导致肥胖
• 未节也无法瘦下来
• 代谢过程变慢
• 腹部隆起（大肚腩）
• 消脂
• 脂肪肝
• 脂肪周围的上腹部区卷（肝卷）

消化问题

• 消化不良
• 逆流
• 痔疮
• 胆结石和胆囊疾病
• 食物不耐受
• 酒精过敏
• 恶心和呕吐
• 腹胀
• 便秘
• 大肠激躁症
• 肝脏疼痛 – (右上腹部及右下肋骨角)

血糖水平的问题

• 糖渴求
• 低血糖和不稳定的血糖水平
• 成熟型糖尿病（2型）常见在脂肪肝

神经系统

• 抑郁症
• 情绪变化，如愤怒和烦躁
• 形而上学的肝脏被称为“肝脏疾病”
• 注意力不集中和“脑雾”
• 身体过热，尤其是脸部和上半身
• 持续性头痛（包括偏头痛）与恶心

荷尔蒙问题

• 荷尔蒙补充疗法不耐受或避孕药（如副作用）
• 更年期症状，如热潮红会可能更严重
• 经前期综合征

免疫紊乱

• 过敏 – 鼻窦问题、花粉症、哮喘、皮肤炎、荨麻疹等
• 多种食物和化学物质过敏
• 皮疹和炎症
• 自身免疫性疾病的风险增加
• 慢性疲劳综合征
• 纤维肌痛
• 增加持续性病毒，寄生虫和细菌感染

外部症状

• 舌苔
• 口臭
• 皮疹
• 皮肤瘙痒（痒痒）
• 出汗过多
• 狐臭
• 黑眼圈
• 眼睛黄变
• 眼睛变红、红肿、痕痒（过敏性眼）
• 红斑痤疮 – (鼻子周围、脸颊和下巴的红色丘疹)
• 皮肤上出现褐色斑点和瑕疵（肝斑）
• 掌和脚掌变红，这可能是发痒和发炎
• 脸部血丝或面部出现血管（毛细血管/静脉）

注意:

上述症状是一个肝脏状况不佳时会出现，然而，他们同样可以由其他原因更可怕的疾病导致。因此，如果情况有在持续的迹象，建议您一定要去看医生咨询病情。

毒素的累积和营养的缺乏对肝脏会造成非常大的危害，严重的甚至影响整个身体的健康状况。因此，需要为肝脏排毒。以下陈林希珠博士的排毒程序、咖啡灌肠及所有草药，都为身体内部自然排毒起重要的作用。



Herbs that benefit the Liver
草药对肝脏的好处



Milk Thistle 水飞蓟

Milk Thistle has a long history of use as a liver detoxifier and has the ability to protect the liver, gallbladder, kidneys and pancreas from oxidative damage related to toxins. Milk thistle's primary active ingredients are silymarins, flavonoid compounds with potent antioxidant properties. Studies have shown that Milk Thistle assists with the cleansing of toxins, such as alcohol, regeneration of damaged liver tissues, stimulation of bile production, and improved digestion.

水飞蓟一直以来都具有为肝脏解毒的悠久历史，它具有保护肝脏、胆囊、肾和胰腺的功能，以避免遭受氧化毒素的损伤。水飞蓟的主要有效成分是水飞蓟素，它具有强大的抗氧化性能黄酮类化合物。研究显示水飞蓟能帮助清除毒素，如醇、受损的肝组织的再生、胆汁分泌的刺激，并且改善消化系统。

Dandelion Root 蒲公英根

This humble weed is a liver tonic that has actually been celebrated throughout the ages. Dandelion root promotes bile flow from the liver, and is frequently used by herbalists to help combat, fatty liver, cirrhosis, estrogen dominance, as well as acne breakouts.

这个不起眼的杂草实际上已拥有多年为肝脏进补的历史。蒲公英根能促进肝胆汁的流量，而且经常被提取来帮助战斗脂肪肝、肝硬化、雌激素及粉刺。

Burdock root 牛蒡根

It promotes bile flow while assisting a weakened liver by cleansing the blood and restoring damaged cells.

它促进胆汁流量，同时通过净化血液，恢复损坏的细胞以协助削弱的肝脏。

Artichoke Extract 朝鲜蓟提取物

The boost in bile production you get from consuming artichokes can be credited to cynarin, which can be really helpful to the health of your liver, gallbladder, and your digestive system. The bile that your liver produces assists to eliminate harmful contaminants and absorb fats. Artichokes also consist of the flavonoid silymarin, an effective liver protectant. Silymarin averts the process of lipid peroxidation from taking place in the cell membranes of the tissues of the liver, making the artichoke a perfect weapon in your toolbox to assist you in obtaining optimum liver function.

从摄取朝鲜蓟中的洋蓟酸能令胆汁分泌产生，能帮助您的肝脏、胆囊和消化系统的健康。您肝脏产生的胆汁能消除有害的污染物以及吸收脂肪。朝鲜蓟也含有能有效保护肝脏的黄酮类水飞蓟素，它能避免肝脏组织的细胞膜出现脂质过氧化化的情况，使肝功能发挥到最佳状态。

Celery Extract 芹菜提取物

Lots of food and drug products are precursors to metabolites that cause direct damage to liver cells. The liver as an organ ends up being progressively inadequate in containing the damage as we age. There is a growing body of scientific literature dedicated to the hepatoprotective properties of celery extract, which promotes liver function and raises the ability of the liver to resist harmful metabolites.

大量的食品和药物能对肝细胞造成直接的损害。作为一个器官，随着年龄增长，肝脏最终会被损害而逐渐变得不足。许多科学文献证明，于芹菜提取物能促进肝功能以及提高肝脏抵抗有害代谢物的能力。

Here are 13 methods to provide your liver a boost: 这里有13个方法来让您的肝脏得到提升:

1 Your liver needs to filter food additives. Get rid of processed foods, artificial food additives, colours, and preservatives from your diet to give your liver a break.

你的肝脏需要过滤食品添加剂。从饮食习惯中剔除加工食品、人造食品、人造色素、以及防腐剂，让肝脏休息吧。

2 The liver needs high quantities of vitamins and minerals to perform its many functions. Your diet needs to be high in vegetables, fruits and fiber-rich foods.

肝脏需要的高品质的维生素和矿物质履行许多功能，您的饮食中需要蔬菜、水果和富含纤维的食物。

3 Avoid consuming heavy, fatty foods since they create even more work for the liver. Avoid margarine, shortening or commercial oils or any foods made with them.

避免食用口味重、高脂肪的食物，因为它们会令肝脏负荷更多的工作。避免食用人造油、起酥油或商业油或它们做成的任何食品。

4 Avoid eating for at least three hours prior to going to bed to allow the liver adequate time throughout the night to perform its numerous functions, unobstructed by other bodily processes such as digestion.

在睡前三小时避免进食，好让肝脏有足够的时间去进行其他工作，例如消化。



7 Substantially reduce refined sugar and stay clear of synthetic sweeteners completely.

大大减少精制糖，彻底戒掉人工合成甜味剂。

8 Lecithin helps the liver metabolize fats and lower cholesterol. It contains a substance called phosphatidylcholine and essential fatty acids that help keep liver cells healthy and help prevent fatty deposits from developing in the liver. Lecithin also helps reduce hypertension by allowing the blood vessels to relax to allow better blood flow. You can get lecithin from organic eggs.

卵磷脂可以帮助肝脏代谢脂肪、降低胆固醇。它含有一种叫卵磷脂和必需的脂肪酸，有助于保持肝细胞的健康，并有助于防止脂肪沉积在肝脏中发展物质。卵磷脂还有助于使放松血管，让血液流量保持好的状态、减少高血压的风险。卵磷脂可以从有机鸡蛋得到。

5 Consume a lot of fresh carrots, which is an effective liver cleansing and rebuilding food. In addition, consume lots of green foods. Chlorophyll, which gives plants their green colour, helps to clean the liver. 摄取大量新鲜胡萝卜，这是一种有效的肝脏清洗和重建的食品。此外，食用大量的绿色食品——叶绿素，有助于清洁肝脏。

6 Consume entire, raw, unsalted nuts and seeds for their essential fatty acids along with their usable protein. 摄取原料、无盐坚果和种子，这是它们必需脂肪酸以及使用的蛋白质。

9 Consume steamed vegetables, raw salad greens, raw fruits, and bitter greens. The bitter greens, especially, help to clean the liver.

食用清蒸蔬菜、生菜沙拉、新鲜水果和苦味蔬菜，它们对洁净肝脏特别有帮助。

10 Avoid consuming large meals. Instead, consume small meals comprised of mainly easy-to-digest foods.

避免暴饮暴食，相反要摄取容易消化的食物，少吃多餐。

11 Try to consume 2 tablespoons of Flax Seed Oil per day. Flax Seed Oil binds to hormone receptor sites, preventing excess hormones consisting of synthetic xenoestrogens from plastics and other chemicals, from floating around your bloodstream. One of the liver's hundreds of jobs is to filter excess hormones. By consuming Flax Seed Oil you are helping it function better. Flax Seed Oil can be added on salads, or blended into smoothies.

尝试每天服用两汤匙的亚麻籽油，亚麻籽油结合荷尔蒙受体、防止过剩的荷尔蒙组成塑料和其他化学物质合成的异源雌激素漂浮在血液中。一个肝脏要身兼百职来过滤多余的激素，通过服用亚麻籽油能帮助肝脏更好的运作。亚麻籽油可以添加在沙拉中或打成冰沙饮用也可。

12 Take 1000 to 2000 mg of vitamin C daily.

每日摄取1000至2000mg的维生素C。

13 Consume lots of garlic, onions and broccoli since these foods contain sulfur that is needed to enhance enzyme activity, which improves liver cleansing.

摄取大量的大蒜、洋葱和西兰花，因为这些食品中成分能提高酶的活性，从而提高肝脏清洗硫。

NEW PRODUCT 新产品



Key Features of Liverin

- Rebuilds liver cells and removes toxins.
- Powerful anti-oxidant and anti-inflammatory effects.
- Reverses liver damage caused by medicines, excessive alcohol consumption as well as the effects of pollutants found in the environment.
- Stimulates the liver to increase bile flow, which carries away waste and breaks down fats during digestion.

Key Ingredients in Liverin

This formula is specifically designed to help to protect and support the body's detoxification organs, including the liver and kidney. This formulation includes selected botanical ingredients that are recognized to support the health and function of these components of the body's detoxifying systems. Liverin contains:

- Milk thistle (seed) ext. (80% silymarin)**
- Dandelion (root)**
- Artichoke (leaves) ext.**
- Burdock (root)**
- Celery seed extract**

肝脏宝的主要特点

- 重新构建肝细胞并去除毒素。
- 拥有强大的抗氧化和抗炎作用。
- 倒转因药物、过量饮酒，以及环境中污染物影响肝脏的损害。
- 刺激肝脏增加胆汁流量，清走废物和在消化过程中分解脂肪。

肝脏宝的主要成份

这个公式是专门设计来帮助保护和支撑人体的解毒器官，包括肝脏和肾脏。这个配方包括选择植物成分来支持身体解读系统的健康和功能。肝脏宝含有：

- 奶蓟（种子）提取物（80%的水飞蓟素）**
- 蒲公英（根）**
- 朝鲜蓟（叶子）提取物**
- 牛蒡根**
- 芹菜籽提取物**

Henry Lee (Papua New Guinea 巴布亚新几内亚)

I have been diagnosed with peripheral Ankylosis Spondilosis. I feel that this week, through the coffee enemas, the juices, the raw, live food and the other parts of the DRP - I have experienced a 50% pain and swelling reduction in my foot and knee. This has been a great experience. I will bring any of my friends from all over the world that wish to listen!

我被确诊患有轻微的强直性脊柱炎。我觉得通过这一周的咖啡灌肠, 果汁, 新鲜蔬果及排毒和恢复活力程序的其他要素 - 让我的疼痛, 我的脚和膝盖的肿胀也减少了50%。这是相当难忘的经验! 我会把这难忘的经验告诉我来自世界各地的朋友, 他们也可从中得益!



Ngooi Ning Ching
(Malaysia 马来西亚)

I had warts under the soles of both feet for more than 10 years. Now they have nearly vanished! I can't even feel them when standing. 我的两个脚底下都长了疣, 且超过10年。现在, 他们几乎消失了! 站立时, 我甚至感觉不到它们的存在。

Saleha Sulaiman Saif

(Oman 阿曼)

The most visible improvement is that I feel good and have noticed an improvement in my skin and overall health. I have learned a lot from the seminars, met many different friends, and I will bring my family next time!

最为明显的改进是我感觉良好, 并注意到我的皮肤和整体健康状况都有所改善。通过研讨会, 我学习到很多, 结识了许多不同的朋友, 下一次, 我会一并带着我的家人一起来参加!



复健您的心灵与身体

Rejuvenate Your Mind & Body

Kasih Sayang Health Resort - 3rd to 8th of March, 2014. 32 participants from 8 countries gathered for a week of detoxification, rejuvenation, and refreshing of the body, soul and spirit. Among the group were many who were experiencing Dr. Lynn's Detoxification & Rejuvenation Programme for the first time! Through the programme and the insightful health workshops session in the beautiful environment of Kasih Sayang Health Resort, all the participants left with amazing experiences, new friends, and a week to remember!

2014年3月3日至8日于 Kasih Sayang 健康度假村。来自8个国家的32名参与者齐聚一起进行了一个星期的排毒, 身、心、灵的复健。其中有许多参与者都是首次进行及体验拿汀陈林希珠博士的排毒和恢复活力程序! 透过该程序及在这优美环境的 Kasih Sayang 健康度假村所提供有意义的健康工作坊, 所有的参与者都留下了美好的经验, 交到新朋友及体验难忘的一个星期!



Mary Ngooi

(Malaysia 马来西亚)

When my sister first told me about this retreat, I immediately thought about a relaxation and spa retreat, so when I arrived I was in for a bit of a shock! I was quite blank when we were taught about

the coffee enema and other things. I'm glad I came to this health retreat though. I feel that I have become more alert, and I experienced a balanced sense of well being - mentally, physically, and spiritually. I've also lost 1.5kg! I've learned a lot, especially on how to remove toxins from the body. It's been a good experience! I've really enjoyed mixing with everyone, and I've made many good friends!

当我的妹妹告诉我有关此次的健康营, 我即刻想到这会是一个休闲和附有温泉的营会, 所以, 当我到达后, 感觉有点震惊! 当我们被教导 有关咖啡灌肠和其他事宜时, 我的脑袋确实放空了。我很高兴我能参加这个健康营。我觉得我已经有所醒觉, 并体验到精神, 身体和心灵上所带来的均衡感。同时, 我也瘦了1.5公斤! 此次的健康营确实让我受益匪浅, 特别是如何清除体内毒素。这真的是一个很好的经验! 我真的很高兴能与所有人打成一片, 且交到了很多好朋友!

Ken (Singapore 新加坡)

I had a cold before I came and I was worried so I brought my warm clothing, but happy that now I don't feel cold and my runny nose has stopped! My blood pressure has also lowered to below 130/90!

在我去健康营前便已患上感冒, 因为担心, 所以带着我的御寒衣物到健康营。我很高兴, 现在的我一点也不觉得冷, 而且我也停止流鼻涕了! 我的血压也降至130/90以下!



Ms. Hoh Lai Chun

(Papua New Guinea 巴布亚新几内亚)

Detoxification, body feels light, really good, body feels cleansed. Very happy with it and I hope to maintain. Great retreat! Will consider coming again, and will recommend to friends who are health conscious.

排毒, 身体轻盈, 感觉美好, 身体觉得洁净了。很开心, 我希望能保持这效果。很棒的健康营! 会考虑再来参加, 并推荐给有健康意识的朋友们。



Terence Teoh Wee Khang

(Malaysia 马来西亚)

It has been a great inspirational and healing experience in my body, soul, and

spirit. My skin and complexion have improved. I really appreciate the holistic approach that Dr. Lynn has implemented in the seminar.

它让我体验身、心和灵上的巨大启发和疗愈经验。我的肌肤和肤色有显著的改善。我真的很感谢陈林希珠博士在研讨会上分享的全面健康法。

Kathlyn Toh Giak Ching

(Malaysia 马来西亚)

My energy and complexion have improved. Less stiffness / pain before I sleep and less morning stiffness on my shoulder. I feel more vibrant, refreshed, and much healthier!

我的精力和肤色都有所改善。我睡前的僵硬或疼痛减少了，早晨起床后的肩膀也比较不觉僵硬了。我觉得更有活力，意气风发，且更健康！



Humaid Mohammed Al Habsi

(Oman 阿曼)

On the first day of the DRP, I had a blood pressure of 137/95 and weighed 93kg.

I went through the programme and by the 6th day, my blood pressure was 124/89 without medication and I had lost 3kg! I am very happy with the results of this Health Retreat.

在DRP的第一天，我的血压为137/95，93公斤的体重。我进行了此程序，于第6天，在不服用任何药物下，我的血压降低至124/89，且瘦了3公斤！我很高兴这健康营带给我的结果。



Helga (Indonesia 印尼)

For me the health retreat is a great experience.

I've been using NewLife™ products for almost a year now, but I've never tried the full DRP before. This is my first time. I've lost 3kgs to my surprise, my chin is sharper, and I feel more energetic -

especially in the afternoon when I usually get tired and need to have a nap. My mom feels the same way as well, and looks like she has had a face lift! We feel the difference and are blessed by this experience!

健康营对我来说，是个很好的经验。我使用新生命产品将近一年了，但我从未尝试进行完整的DRP。这是我的第一次。出乎我的意料，我瘦了3公斤，我的下巴看起来更尖，并觉得更有活力-尤其是在下午的时段，我通常会觉得疲惫，并需要睡个午觉。我的母亲也有相同的感受，变得容光焕发！我们都体验到其差异，此经验让我们感到无比感恩！



Yu Pei Li (China 中国)

Pimples have gone from my two cheeks, and my face feels firmer, fresh, and light. Learned a lot about nutrition from NewLife™.

青春痘已经从我的两边脸颊消失了，我的脸蛋感觉更有弹性，清新亮丽。新生命让我学到很多有关营养的知识。

Yap Sing Hwa (Malaysia 马来西亚)

I had high blood pressure for many years and had been on medication for it. This Health Retreat has amazingly helped me to reduce my blood pressure to 120/73 without taking any medication. I feel so much more energetic! I am so happy and learned a lot of health knowledge through the talks by the NewLife™ team.

我患有高血压已多年了，并一直服用抗血压的药物。在没有服用任何药物下，这健康营惊人地协助我降低血压至120/73。我觉得精力充沛！我很高兴，通过新生命团队所准备的讲座，我学到了很多健康知识。

A Journey to the Third Dimension

迈向立体之旅

3D technologies are shaping the future-
Virtually anything is possible!

3D技术正塑造未来 - 几乎一切皆有可能!



The world of 3D technologies is extremely complex. Every year, dozens of movies are released that give us the perfect illusion of space and the feeling of being right in the middle of the action.

Medicine has naturally seized the opportunities presented by three-dimensional printing and technology. Recently, a group of scientists from the University of Michigan created a plastic tracheal splint using a 3D printer. Doctors were able to implant it successfully, thereby saving an infant's life. The material will dissolve on its own within three years, by which time the boy's body should have produced its own cartilage, write the attending physicians in the professional publication "New England Journal of Medicine". In the field of medical research, 3D printers are already working with living cells with the goal of being able to produce artificial organs in the future. Many futurologists believe that 3D printers will be commonplace in homes in five to ten years' time and that the procedure will become a simple matter of course.

3D技术的世界是极其复杂的。每年，数十部电影的发布让我们体验空间的完美幻觉，并只身在真实的动作当中。

医学界也自然而然地抓住了此机会，引领立体印刷及技术。最近，来自美国密歇根大学的一组科学家使用3D打印创造了一个塑料气管夹板。医生们成功地将它植入体内，从而救活了一个婴儿的生命。该材料会于三年内在体内自动溶解，届时，该男孩的身体应该已经能够自己生产软骨，此文章由主诊医师在“新英格兰医学杂志”专业版上刊登。在医学研究的领域上，3D打印与活性细胞的结合产生的目标既是在将来的日子里能生产人造器官。许多未来学家认为，3D打印将在五至十年的时间内，成为家庭式且司空见惯的技术，当然，该程序也会变成一件简单的事情。



Plant Power : How beauty is benefiting from 3D

Genomes, hormones, proteins and polysaccharides have something in common. They all have a three-dimensional structure. This was precisely what made the polysaccharide galactomannan of such interest for use in the new formula for the Annemarie Borlind Anti Aging System Absolute skin care series: it is harvested from the seeds of the Peruvian tara tree. The substance has a honeycomb-like structure in which the highly concentrated green algae extract is embedded. This 3D matrix permits gradual release of the algae molecules into the top layers of the skin.

The skin reaches a state of concentration balance that stimulates it to extract the anti-aging substance from the polysaccharide. When used on a regular basis, collagen and elastin production are activated and strengthened and skin thickness is increased.

In nature, three-dimensionality improves the effectiveness of function – how fitting that the world of natural cosmetics has now been able to develop a formula with an anti-aging impact enhanced by a natural 3D matrix.

Annemarie Borlind - Skin Care System with 3D Matrix

System Absolute Anti-Aging series for skin over 40 contains, among other things, aloe vera certified by the Fair for Life programme, macadamia nut oil, marsh clover, hyaluronic acid, rose cherry oil as well as extract from the Persian silk tree. The three-dimensional carbohydrate chains from the seeds of the tara tree serve as adjuvants for the algae extract.

System Absolute Anti-Aging Cleansing Lotion

Silky lotion that cleanses gently and deep into the pores

Valuable oils have a lipid-restoring effect and make the skin feel as soft as velvet. In addition, a special algae extract, embedded in a 3D matrix, supplies moisture for a fresher and more vibrant radiance. The skin is ideally prepared for the care products that follow.

植物的势力： 女生如何受益于3D

基因组，激素，蛋白质和多糖有着共同点。它们都拥有立体的结构。这正是为何安玛莉柏林抗老化全面系统护肤系列利用此新配方，刺槐豆胶：它是从秘鲁塔拉树的种子上所採收的。该物质具有蜂窝状结构并含有高度浓缩的绿藻萃取物。此立体模式让藻类分子逐渐释放至皮肤的最表面。

皮肤达到一定的浓度平衡状态以刺激其从多糖提取抗老化物质。当您定期使用它，会激活胶原蛋白和弹性蛋白的生产，强化，并增加皮肤的厚度。

在自然界中，立体感提高了功能的有效性 – 如何恰当地配合天然化妆品，现在已经研发出以天然3D模式来对抗老化影响的公式。

安玛莉柏林- 利用3D模式的护肤系统

全面系统抗老化系列适合超过40岁的肌肤，其中包括由生活是公平的计划所认证的芦荟，澳洲坚果油，沼泽三叶草，透明质酸，玫瑰樱花精油和波斯合欢树萃取物。塔拉树种子的立体糖链成为了海藻萃取物的佐剂。

全面系统抗老化洁面乳液

柔滑的乳液能温和地洗净并深入毛孔

高价值的油拥有恢复脂质效果，使肌肤柔软得犹如天鹅绒。此外，独特的海藻萃取物，经过立体模式处理，保湿效果更佳，让肌肤看起来更清新及活力四射。使用合适的保养品让您拥有完美的肌肤。



System Absolute Anti-Aging Beauty Fluid

Moisturizing anti-aging fluid for a more vibrant and youthful radiance

A special algae extract, embedded in a 3D matrix, activates the production of collagen and elastin through sequential release of natural care ingredients. In addition, an active ingredient from buckbean supports the formation of new collagen fibers and assists in firming the contours. Light-induced premature skin aging is slowed down, and existing lines and wrinkles are effectively reduced. Elderflower extract stimulates production of the skin's natural hyaluronic acid.

System Absolute Anti-Aging Night Cream Light

Anti-aging night cream with a light texture for skin that looks revitalized

An intensively regenerating anti-aging night cream to give the skin a revitalized and more vibrant appearance. A special algae extract, embedded in a 3D matrix, activates the production of collagen and elastin through sequential release of natural care ingredients. The skin is regenerated overnight and looks perceptibly firmer and more supple. Hyaluronic acid hydrates the skin intensively and improves its powers of regeneration. Existing lines and wrinkles are effectively reduced.

System Absolute Anti-Aging Day Cream Light

Anti-aging day cream with a light texture for a more youthful radiance

An effective anti-aging day cream, containing a special algae extract embedded in a 3D matrix, activates the production of collagen and elastin through sequential release of natural care ingredients. Light-induced premature skin aging is slowed down, and existing lines and wrinkles are effectively reduced. Hyaluronic acid hydrates the skin intensively and gives it an instantly fresher and smoothed appearance. Ideal as a base for makeup.

全面系统抗老化美肤液

保湿抗老化液让您看起来充满活力和青春的气息

独特的海藻萃取物，经过立体模式处理，通过天然护理成分的顺序释放，激活胶原蛋白的生产和弹性。此外，睡菜的活性成分支持新胶原蛋白纤维的形成，并协助紧致轮廓。促使肌肤过早老化的速度变慢，而现有的细纹和皱纹也有效地被淡化。接骨木花萃取物能刺激肌肤的天然透明质酸的生产。

抗老化全面系统晚乳

抗老化晚乳，轻盈的质地让肌肤看起来更具活力

深入再生的抗老化晚乳，让肌肤恢复活力，更容光焕发。独特的海藻萃取物，经过立体模式处理，通过天然护理成分的顺序释放，激活胶原蛋白的生产和弹性。肌肤于晚间再生，看起来更结实，更柔顺。玻尿酸集中地使肌肤保湿，并提高其再生的能力。现有的细纹和皱纹也有效地淡化。

抗老化全面系统日乳

抗老化日乳，轻盈的质地让肌肤看起来更青春光彩

这有效的抗老化日乳含有独特的海藻萃取物，经过立体模式处理，通过天然护理成分的顺序释放，激活胶原蛋白的生产和弹性。促使肌肤过早老化的速度变慢，而现有的细纹和皱纹也有效地被淡化。玻尿酸集中地使肌肤保湿，并赋予它瞬间清新感，光滑的外观。适合用于化妆的打底。





安玛莉柏林护肤的家庭式派对 ANNEMARIE BÖRLIND SKINCARE PARTY – HOME EDITION

Stepping away from the typical skin care workshop, Annemarie goes partying with glamour, sashaying into homes in Singapore and Indonesia.

It was a day filled with family, friends, stories and hands-on pampering with our natural skin care products. Carefully selecting the best range of product from Annemarie to match the skin's needs, the instant lift and glow result was one of many that left everyone in awe. The results instantly made headlines in their conversation, demanding for a series of skin care parties.

Contact your nearest NewLife™ branch to find out how to host a Annemarie Börlind Skincare Party!

脱离典型的肌肤护理工作坊，安玛莉柏林在新加坡和印尼举办了魅力四射的家庭式派对。

这一天，与家人，朋友聚集在一起，分享亲身经历和亲自体验天然护肤品给予的呵护。小心翼翼地选择安玛莉柏林护肤系列中最为适合的产品，以符合肌肤所需，护肤方法当中以瞬间面部提升和亮丽的护肤法最为每个人深感敬佩。其效果让在场的每位大为赞赏，并要求举办一系列的护肤派对。

请联系您临近的新生命办事处以了解更多有关举办安玛莉柏林护肤派对的详情！





Celebrating the Lunar New Year at NewLife™ PJ Office

新生命八打零再也办事处欢庆农历新年

Our Lunar New Year Celebration on Feb 15th 2014 was an exciting and eventful day shared with our valued IBOs and lovely children from Angel Children's Home.

During this event, the management and staff of NewLife™ together with leaders Mr. Stanley Chong, Ms. Jeanne Lim, Mr. Allen Saw, Mdm Lee Chooi Ping, Puan Zainab, Mr. Steven Tan and other IBOs came together to usher in the Lunar Year with the children from Angel Children's Home, and enjoyed NewLife™'s homemade healthy cuisine, including Yee Sang, wholemeal bread, Coconut Mint Rice, dessert made with Kids Klenz and many more. This celebration also included entertaining games like 'Ping Pong Rescue', 'Count Your Ang Pow' and others which involved not just the kids, but also the adults. This joyous and memorable celebration marked a great start to the brand new year of 2014.

我们今年的农历新年庆祝活动落在2014年2月15日，天使儿童之家可爱的小朋友与我们尊贵的会员一起分享了这一天。

当天，新生命的管理层和员工以及各位领袖们，包括Mr. Stanley Chong, Ms. Jeanne Lim, Mr. Allen Saw, Mdm Lee Chooi Ping, Puan Zainab, Mr. Steven Tan及其他独立传销商皆有出席，与天使儿童之家的孩子们，一起享受新生命自制的健康美食，如：鱼生、全麦面包、椰子薄荷饭、孩童净化粉制成的甜点等。庆祝活动中还安排了各种有趣的游戏如“乒乓救援”、“数红包”等，大人小孩都参与其中！这个欢乐及值得纪念的庆祝活动为我们崭新的2014年开启美好的一页！



Our Heartiest Congratulations to all Achievers

我们衷心祝贺全部达致目标者

FEBRUARY 2014 - MARCH 2014
2014年2月至2014年3月



SILVER MANAGER

INVIGORATING LIFE ENTERPRISE

LING POH LENG

CHOW KWEE LEIN

MANAGERS

JARROW DANIE MARCUS

TAN CHING HONG

TANG KIU HUA

YONG AI HOON (HELEN)

MAK KHUAN YING (CONNIE)

CARRINGTON ENTERPRISE

YOW TENG TENG

H.L.ENTERPRISE

V BASIC CARE ENTERPRISE

CHONG AH HAI (MARK)

CHOONG POH LIAN (PATRICIA)

LEE SUNG YAP

SIN CHENG YAM (EUNICE)

AW KEN KEN

CHANTEL CHIA YEE CHONG

LOW YOK YIN (SUSAN)

WONDERWAY MARKETING

TEO CHAE JOO

CHING HAN CHEONG

TOO FOONG YING (HELEN)

MICHAEL CHONG TZE-AUN

CHIA SUIT LING

MABEL TEO SIOK GEK

CHONG WEE HOON (VIVIEN)

CHING HUI YING (SHEREEN)

TING LING LING (JANE)

SHIU YEW CHOONG (FREDDY)

TAN THEAM CHAI (STEVEN)

TAN MING KHUN

ENRICHED LIFE

JSL INTERNATIONAL PTE LTD

TANG GEOK SENG (CAROLINE)

EVACO LIFESTYLE PTE LTD

TONG AH MOY ALICIA

COMMUNITY WELLNESS (S) PTE LTD

HARTINI BINTI SAIRIN

CHUA GEOK TIN

ACQUOLINA ENTERPRISE

LING LAY KHIM (SARAH)

EMILY THERESA FERDINANDS

LEE LAY CHENG

LIM MEE ING

CHOW HUI YAN

SAW EWE KIM

MELISSA WONG WAI THIEN

SIM BEE HONG

LIM WAI YING

21% ACHIEVERS

TAN LEE KENG (LILY)

FEB 14 & MAR 14

LIM SIEW CHOO

MAR 14

PLUS ULTRA MARKETING

FEB 14 & MAR 14

IRENE CHONG CHUAY PENG

MAR 14

LING CHOON YIAN (REBECCA)

FEB 14 & MAR 14

QUEK MIAW CHENG SUSIE

MAR 14

TAN CHO HON (IRIS)

FEB 14

JIMMY PNG KONG HUI

MAR 14

18% ACHIEVERS

HAN OI YUN

FEB 14 & MAR 14

DANIEL LIM KIM MUN

FEB 14

CHONG KIM HUAT (STANLEY)

FEB 14 & MAR 14

TEE LEE MENG

FEB 14

LIM SIEW CHOO

FEB 14

SO SUE YI REGINA

MAR 14

IRENE CHONG CHUAY PENG

FEB 14

WONG MUI CHOO (KELLY)

MAR 14

QUEK MIAW CHENG SUSIE

FEB 14

CHAN SOO TECK PETER

MAR 14

SYARIKAT ADIL

FEB 14

FENNY NATALIA TJAM

MAR 14

CHONG KIM MOI

FEB 14

TJAM HELEN

MAR 14

LEONG KEE LIN (JACQUELINE)

FEB 14

15% ACHIEVERS

MAELODEE CHONG TZE-YUIN

FEB 14 & MAR 14

YEE YOON MEE

FEB 14

SO SUE YI REGINA

FEB 14

EDMUND YONG HONG ZHIAN

FEB 14

WONG MUI CHOO (KELLY)

FEB 14

SYARIKAT ADIL

MAR 14

CHAN SOO TECK PETER

FEB 14

CHONG KIM MOI

MAR 14

FENNY NATALIA TJAM

FEB 14

YEONG SOW KHAM (ALICE)

MAR 14

PHOON MII SHZUEN

FEB 14

SOH LAY CHOO (DIANA)

MAR 14

PHOON LAI HAR

FEB 14

CHONG MOI LAN

MAR 14

CATHERINE LIM CHAYR @ LING HUI

FEB 14

HOH LAI CHUN

MAR 14

BRIDGET SHIU FEI KIT

FEB 14

LOW SIOK ENG

MAR 14

WONG KING UNG

FEB 14

HENG LEE HIANG

MAR 14

MAY 2014 | 2014年5月

MON

TUE

WED

THU

FRI

SAT

SUN

	05	12	19	26
	06	13 Wesak Day (Public Holiday)	20 SG 新加坡 - 7.00pm - 9.00pm Börblind Skin Care Workshop 安玛莉柏林护肤工作坊 by Lydia Ling (Silver Mgr) & Karen	27 SG 新加坡 - 7.00pm - 9.00pm Börblind Skin Care Workshop 安玛莉柏林护肤工作坊 by Alicia Tong (Mgr) & Sim Bee Hong (Mgr)
	07	14	21	28
01 Labour Day (Public Holiday)	08 SG 新加坡 - 7.00pm - 9.00pm NHPT: Bounty of Nature For Your Skin 天然保健及产品培训: 给予您的富绕大自然	15 SG 新加坡 - 7.00pm - 9.00pm Business: Maximizing Your Income with NewLife™ 业务: 让新生命为您 增加收入 by Aaron Ho (Country Mgr)	22 SG 新加坡 - 7.00pm - 9.00pm Workshop: Bread Making 工作坊: 制作面包 by Sim Bee Hong (Mgr)	29 SG 新加坡 - 7.00pm - 9.00pm Bone Health 健康骨骼 by Kelly Wong
02	09 PJ 八打零再也 - 10.30am - 4.30pm Annemarie Börblind Skin Care Workshop by Patricia Mass 由Patricia Mass主讲安玛莉柏林 护肤品工作坊 <i>Registration is required</i> 请致电以报名	16	23	30 Kaamatan Harvest Festival (KK Office Closed)
03 SG 新加坡 - 2.00pm - 3.30pm Börblind Color Me Workshop 安玛莉柏林彩色工作坊 by Special Guest	10 SG 新加坡 - 2.00pm - 3.30pm Clean & Build Daily with 5 Essentials 与五大要素的每日洁净 与建设 by Alicia Tong (Mgr)	17 SG 新加坡 - 2.00pm - 3.30pm Household Care: The Unknown Poison 家庭用品护理: 隐藏的毒物 by Lydia Ling (Silver Mgr)	24 SG 新加坡 - 2.00pm - 3.30pm Protect Your Gut with GI Health 让肠胃保健配套保护您的 肠胃 by Sarah Ling (Mgr)	31 SG 新加坡 - 2.00pm - 3.30pm Detoxification & Rejuvenation Programme 体内排毒与恢复活力 程序 by Jeffrey Lim (Mgr)
PJ 八打零再也 - 2.30pm - 4.00pm 3R Internal Beauty Secret by Carmen Lee (Nutritionist) 由李嘉雯(营养师) 主讲3R内在美的秘密	PJ 八打零再也 - 10.00am - 3.00pm Annemarie Börblind Skin Care Workshop by Patricia Mass 由Patricia Mass主讲 安玛莉柏林护肤品 工作坊 <i>Registration is required</i> 请致电以报名	PJ 八打零再也 - 2.30pm - 4.00pm Healthy Juicing by IBO Support 由独立传销商支援队 主讲健康果汁	PJ 八打零再也 - 2.30pm - 4.00pm LIVERIN - Liver Protection & Support 肝脏室 - 保护及促进 肝脏健康	PJ 八打零再也 - 2.30pm - 4.00pm Why Yoghurt? by Carmen Lee (Nutritionist) 由李嘉雯(营养师) 主讲为什么食用酸乳酪?
KK 亚庇 - 2.30pm - 4.30pm Juicing Brings Fun 榨果汁的乐趣	Kuching 古晋 - 2.00pm - 4.00pm LIVERIN - Liver Protection & Support by Leon Tan 由陈健良主讲肝脏室 - 保护及促进肝脏健康			Kaamatan Harvest Festival (KK Office Closed)
04	11	18	25	

JUNE 2014 | 2014年6月

MON	30	02 Gawai Dayak Festival (Kuching Office Closed)	09	16	23
	TUE	03 SG 新加坡 - 7.00pm - 9.00pm Börlind Skin Care Workshop 安玛莉柏林护肤工作坊 by Lydia Ling (Silver Mgr) & Karen Gawai Dayak Festival (Replacement Holiday - Kuching Office Closed)	10 SG 新加坡 - 7.00pm - 9.00pm Börlind Skin Care Workshop 安玛莉柏林护肤工作坊 by Susie Moi & Jovin Heng	17 SG 新加坡 - 7.00pm - 9.00pm Börlind Skin Care Workshop 安玛莉柏林护肤工作坊 by Sim Bee Hong (Mgr) & Lim Bee Hua	24 SG 新加坡 - 7.00pm - 9.00pm Börlind Skin Care Workshop 安玛莉柏林护肤工作坊 by Alicia Tong (Mgr) & Ayati
WED		04	11	18	25
THU	05 SG 新加坡 - 7.00pm - 9.00pm Business: Autoship 业务: 自动运送服务 by Lydia Ling (Silver Mgr)	12 SG 新加坡 - 7.00pm - 9.00pm Take Charge of Your Lifestyle (Chinese) 掌握您的生活方式 (中文) by Sim Bee Hong (Mgr)	19 SG 新加坡 - 7.00pm - 9.00pm Super Immunity for Kids 超级免疫系统儿童 by Susie Moi & Jovin Heng	26 SG 新加坡 - 7.00pm - 9.00pm Clean & Build Daily with 5 Essentials 与五大要素的每日洁净与建设 by Jeffrey Lim (Mgr)	
	FRI	06	13	20	27
SAT		07 SG 新加坡 - 2.00pm - 3.30pm LIVERIN - Liver Protection & Support 肝脏宝 - 保护及促进肝脏健康	14 SG 新加坡 - 2.00pm - 3.30pm Detoxification & Rejuvenation Programme 体内排毒与恢复活力程序 by Jeffrey Lim (Mgr) PJ 八打零再也 - 2.30pm - 4.00pm Sustainable Beauty from the Essence of Nature by IBO Support 由独立传销商支援队主讲大自然带来的持续性美容	21 SG 新加坡 - 2.00pm - 3.30pm Protect Your Gut with GI Health (Chinese) 让肠胃保健配套保护您的肠胃 (中文) by Sim Bee Hong (Mgr) PJ 八打零再也 - 2.30pm - 4.00pm Healthy Juicing Demo by IBO Support 由独立传销商支援队主讲健康果汁示范	28 SG 新加坡 - 2.00pm - 3.30pm Hormonal Imbalance 荷尔蒙失调 by Sarah Ling (Mgr) PJ 八打零再也 - 2.30pm - 4.00pm LIVERIN - Liver Protection & Support 肝脏宝 - 保护及促进肝脏健康 KK 亚庇 - 2.30pm - 4.30pm 21st Century Diseases... You Don't Have To Be A Victim by Leon Tan 由陈健良主讲二十一世纪疾病..... 您不必成为其中的牺牲者
	SUN	01 Gawai Dayak Festival (Kuching Office Closed)	08	15	22



Celery Extract 芹菜提取物



Milk Thistle 水飞蓟



Dandelion Root 蒲公英根

Liverin

Liver Protection & Support

肝脏宝 - 保护及促进肝脏健康

- all natural 纯天然
- chemical free 不含化学药品
- no animal ingredients 不含动物成份



Burdock root 牛蒡根



Artichoke Extract 菊苣根



Please don't miss our special Liverin talk as scheduled below 千万别错过以下有关肝脏宝的讲座:

- ▶ **10 May 2014**
KUC office - 2.00pm - 4.00pm
LIVERIN - Liver Protection & Support
肝脏宝 - 保护及促进肝脏健康
- ▶ **24 May 2014**
PJ office - 2.30pm - 4.00pm
LIVERIN - Liver Protection & Support
肝脏宝 - 保护及促进肝脏健康
- ▶ **7 June 2014**
SG office - 2.00pm - 3.30pm
LIVERIN - Liver Protection & Support
肝脏宝 - 保护及促进肝脏健康
- ▶ **28 June 2014**
PJ office - 2.30pm - 4.00pm
LIVERIN - Liver Protection & Support
肝脏宝 - 保护及促进肝脏健康

INTRODUCTORY OFFER 新产品特别促销

Get 2 bottles of Liverin at these special prices! | 以以下特价购买2瓶肝脏宝!

West Malaysia 西马

Valued 价值 ~~RM184.00~~
NOW 优惠价 **RM148.00**
(112BV & 56PV)

Great Savings of
RM36.00

East Malaysia 东马

Valued 价值 ~~RM193.20~~
NOW 优惠价 **RM155.00**
(112BV & 56PV)

Great Savings of
RM38.20

Singapore 新加坡

Valued 价值 ~~S\$96.30~~
NOW 优惠价 **S\$74.00**
(55BV & 42PV)

Great Savings of
S\$22.30

* Singapore prices above are inclusive of 7% GST

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